



Super Vision for Supervisors

DEVELOPING AWARENESS OF YOUR PERSONAL STYLE AS A SUPERVISOR

*For counselling and psychotherapy supervisors,
team leaders and managers.*

Venue:	Labyrinth Lane, 110 Gardenvale Rd, GARDENVALE 3185 (Close to public transport)
Date:	FRIDAY JUNE 16
Time:	9.30am to 3.30pm
Claim:	5 hours / 10 OPD points
Fee:	\$250

Workshop Overview:

Supervisors develop their own personal style of supervision as they integrate the skills required of being a supervisor with their existing skills as a psychotherapist or counsellor. Several authors point out that effective supervisors are able to choose from a range of 'tasks' in supervision according to the particular needs and individual levels of development of supervisees.

Individual differences in relational styles will mean that supervisors bring their own personal flavor to the supervision process and develop their own style.

In this workshop we will cover:

- Factors contributing to personal style
- The importance of clear direct feedback
- The tasks of supervision as a method for measuring individual style
- The choice of focus as an indicator of individual style
- Self disclosure as an indicator of personal style
- Reflection -Backbone, jellyfish or brick wall supervision
- Reflection –Richard Davidson's emotional styles

Your presenters: Jo Ablett and Cheryl Taylor have a solid foundation of supervisory training and experience gained over more than a decade of practice as Supervisors. They are committed to supporting other Counsellors and Therapists in their journeys as Supervisors and to providing a safe space for Supervisors, Team Leaders, and those in supervisory roles, to reflect on and deepen their work.

To book your place in this workshop, contact:
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