



Super Vision for Supervisors

COURAGEOUS and COMPASSIONATE CONVERSATIONS

*For counselling and psychotherapy supervisors,
team leaders and managers.*

Venue:	Labyrinth Lane, 110 Gardenvale Rd., Gardenvale 3185 (Close to public transport)
Date:	Monday 16 th April, 2018
Time:	9.30am to 4.00pm
Claim:	2 hours group supervision / 8 PD points
Fee:	\$250

There are times when, as supervisors, we need to engage in conversations that require more than a bit of courage. We have all encountered times when we identify the need to discuss something difficult with a supervisee, or provide feedback we know will be difficult to hear. Not only do we need courage for these conversations, but in order for the conversation to be truly helpful, we need compassion – for ourselves and for our supervisees.

Drawing from the work of leading experts in Supervision, and recent research into compassion and self-compassion, we will explore strategies and approaches to conversations that are not only courageous but also compassionate and purposeful.

There will be time for discussion, observation and practice as we explore the theory and research, and how to put it in to practice.

Workshop Overview:

- What is self-compassion?
- The different functions of compassion and empathy
- Compassion within the supervisory relationship
- Difficulties that can arise in supervision
- Honest and courageous conversations
- Providing feedback compassionately

Your presenters: Jo Ablett and Cheryl Taylor have a solid foundation of supervisory training and experience gained over more than a decade of practice as Supervisors. They both hold a Masters Degree in Counselling, have completed a Certificate IV and a Graduate Diploma in Counselling Supervision and are registered Supervisors with ACA, AAOS, ACSA and PACFA. They are committed to supporting other Counsellors and Therapists in their journeys as Supervisors and to providing a safe space for Supervisors, Team Leaders, and those in supervisory roles, to reflect on and deepen their work.

To book your place in this workshop, contact:
Jo on 0417 078 792 or ablett@waterfront.net OR
Cheryl on 0421 281 050 or Cheryl@kunaurracounselling.com
www.intoblue.com.au | www.kunaurracounselling.com