

PROFESSIONAL DEVELOPMENT For Educators

FOR PRINCIPALS, TEACHERS, WELFARE OFFICERS, SCHOOL COUNSELLORS,
INTEGRATION AIDES & CHAPLAINS

NEW INTAKE COMMENCES

21 February 2019

**Into Blue Studio
Phillip Island Victoria**

SESSION 1

21 February 2019

**The Window of Tolerance for
Classrooms**

SESSION 2

2 May 2019

**Attachment Styles, Relationships
& Learning**

**Professional Development for
Educators Workshops meet the
VIT & Australian Professional
Standards for Teachers**

5.5 VIT

into blue
EXPRESSIVE THERAPIES

These two professional development sessions are ideal for principals, teachers, welfare officers, school counsellors, integration aides, chaplains and anyone involved in the education of children and adolescents.

Session one will explore 'The Window of Tolerance' - a term coined by Dr Dan Siegel [2011] to describe the optimal conditions for effective living, learning and working with trauma. Participants will gain a deep understanding of the window of tolerance, the implications for working with traumatized students, trauma informed practice and the myth of self-regulation.

Cozolino [2014] said: "Secure attachment is the ability to be soothed by others and to experience safety through proximity. In the classroom, secure attachments to teachers and other students optimise the ability to learn. This biological connection has been shaped by evolution within brain networks dedicated to learning, stress and social relationships."

The session two workshop will focus on this concept of attachment styles, interpersonal neuroscience and the current research around the significance of play.

TRAINER

Jo Ablett

Jo is an experienced psychotherapist, clinical supervisor and educator. She has been a senior trainer for the Expressive Therapies Institute of Australia since 2009, delivering training in Sandplay Therapy, Expressive Therapies for children and adolescents, Transpersonal Expressive Therapies for adults and the Inner Space emotional resilience programs for children and teens.

Memberships:
PACFA, ACA, AAOS, ACSA & VIT

Qualifications:
M.Couns.; B.Ed.; Dip.Ed.; Dip and Adv. Dip in ET. Cert in ET.;
Cert IV Couns. Supvsn.; Voc. Grad. Dip. Couns. Supvsn.

For Educators

Complete online
and email back to
ablett@waterfront.net.au
or post to
PO BOX 506
COWES VIC 3922

COMMENCING

 **21 February & 2 May 2019**

VENUE

 **Into Blue Studio**
51 Harris Road
Ventnor, Phillip Island, Victoria 3922

TIME

 **9am to 3:30pm**

COST

 **\$200 per day**
includes manuals & morning tea

CANCELLATION POLICY

Notice of 72 hours or more Full refund
Notice of at least 48 hours \$10 administration fee
Notice of 24 hours or less or non-completion 50% refund

PLEASE REGISTER ME

- Both Days** [\$400]
 Day One Only [\$200]
 Day Two Only [\$200]

Name

Background/Qualification

Address

.....

State **Post Code**

Phone

Email

Dietary Requirements [eg. Wheat free, vegetarian]

PAYMENT OPTIONS

Deposit of **\$50** required at time of Registration

- Direct Deposit** [preferred]
 BSB: **704 191** Account #: **10970**
 Please quote YOUR NAME in narration
- Cheque or Money Order** [please enclose]
 Payable to: **Joanne Ablett**

- I require a Tax Invoice to pay my Registration**
- My Employer requires a Tax Invoice to pay my Registration** [please complete details below]

Employer Name

Address

State **Post Code**

Email