


PROFESSIONAL DEVELOPMENT

The Power of Balance



FOR PSYCHOTHERAPISTS, COUNSELLORS, PSYCHOLOGISTS & SOCIAL WORKERS
USING EXPRESSIVE THERAPIES

NEW INTAKE COMMENCES

28 March 2019

**Into Blue Studio
Phillip Island Victoria**

SESSION 1

28 March 2019

Space to Reflect

SESSION 2

29 March 2019

Balance

CLAIM

6 PD hours per day

PACFA ACA ACSA AAOS

Establishing and maintaining balance between personal and professional lives, client and therapist, commitment and freedom, in the midst of life's challenges and joys is an ongoing work in progress and requires dedication.

On day one, you will have space to reflect and delve into Siegel's 'The Healthy Mind Platter' and explore Reflective Practice.

The Power of Balance also explores practical modalities of sand, drawing, movement, music and meditation, how to regain and maintain balance within chaos and organisational skills as a foundation for balance.

Attend this workshop as a single day or attend both days as a retreat.

TRAINER

Jo Ablett

Jo is an experienced psychotherapist, clinical supervisor and educator. She has been a senior trainer for the Expressive Therapies Institute of Australia since 2009, delivering training in Sandplay Therapy, Expressive Therapies for children and adolescents, Transpersonal Expressive Therapies for adults and the Inner Space emotional resilience programs for children and teens.

Memberships:

PACFA, ACA, AAOS, ACSA & VIT

Qualifications:

M.Couns.; B.Ed.; Dip.Ed.; Dip and Adv. Dip in ET. Cert in ET;
Cert IV Couns. Supvsn.; Voc. Grad. Dip. Couns. Supvsn.

into blue

EXPRESSIVE THERAPIES

REGISTRATION FORM

The Power of Balance

Complete online
and email back to
ablett@waterfront.net.au
or post to
PO BOX 506
COWES VIC 3922

TWO DAY WORKSHOP

 **28-29 March 2019**

VENUE

 **Into Blue Studio**
51 Harris Road
Ventnor, Phillip Island, Victoria 3922

TIME

 **9am to 4pm**

COST

 **\$200 per day [\$180 self-funded]**
includes manuals & morning tea

CANCELLATION POLICY

Notice of 72 hours or more Full refund

Notice of at least 48 hours \$10 administration fee

Notice of 24 hours or less or non-completion 50% refund

PLEASE REGISTER ME

Both Days [\$400/\$380 sf] **Day One Only** [\$200/\$180 sf] **Day Two Only** [\$200/\$180 sf]

Name

Background/Qualification

Address

State

Post Code

Phone

Email

Dietary Requirements [eg. Wheat free, vegetarian]

PAYMENT OPTIONS

Deposit of **\$50** required at time of Registration

Direct Deposit [preferred]
BSB: **704 191** Account #: **10970**
Please quote YOUR NAME in narration

Cheque or Money Order [please enclose]
Payable to: **Joanne Ablett**

I require a Tax Invoice to pay my Registration

My Employer requires a Tax Invoice to pay my Registration [please complete details below]

Employer Name

Address

State

Post Code

Email

into blue
EXPRESSIVE THERAPIES

Into Blue Expressive Therapies
ABN 27 792 485 144

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