

PROFESSIONAL DEVELOPMENT

# Creativity for Therapists

FOR PSYCHOTHERAPISTS, COUNSELLORS, PSYCHOLOGISTS & SOCIAL WORKERS  
USING EXPRESSIVE THERAPIES

NEW INTAKE COMMENCES

## 10 October 2019

**Into Blue Studio**  
**Phillip Island Victoria**

SESSION 1

### 10 October 2019

**What is Creativity?**

SESSION 2

### 11 October 2019

**Your Creative Self**

CLAIM

### 6 PD hours per day

**PACFA ACA ACSA AAOS**

**Creativity by nature is a 'messy process' [Kaufman & Gregoire 2016] involving internal and ever-changing constellations of thoughts, ideas, images, somatic sensations, emotions and intuitions.**

Therapists are constantly called upon to use creativity in formulating questions and in offering modalities that match clients.

The concept of creativity will be examined considering the historical context and current neuroscience research. The relevance of creativity to our work as therapists will be explored as well as our personal relationship with creativity through experiential exercises.

During the workshop, you will explore the concepts and mysteries of creativity, what we know about it and how to use creativity in therapy. You will also learn how to connect with your creative self and how to develop and foster creative pathways.

Attend this workshop as a single day or attend both days as a retreat.

TRAINER

**Jo Ablett**

Jo is an experienced psychotherapist, clinical supervisor and educator. She has been a senior trainer for the Expressive Therapies Institute of Australia since 2009, delivering training in Sandplay Therapy, Expressive Therapies for children and adolescents, Transpersonal Expressive Therapies for adults and the Inner Space emotional resilience programs for children and teens.

Memberships:

PACFA, ACA, AAOS, ACSA & VIT

Qualifications:

M.Couns.; B.Ed.; Dip.Ed.; Dip and Adv. Dip in ET. Cert in ET.;  
Cert IV Couns. Supvsn.; Voc. Grad. Dip. Couns. Supvsn.

*into blue*

EXPRESSIVE THERAPIES

REGISTRATION FORM

# Creativity for Therapists

Complete online  
and email back to  
[ablett@waterfront.net.au](mailto:ablett@waterfront.net.au)  
or post to  
PO BOX 506  
COWES VIC 3922

TWO DAY WORKSHOP

 **10-11 October 2019**

VENUE

 **Into Blue Studio**  
51 Harris Road  
Ventnor, Phillip Island, Victoria 3922

TIME

 **9am to 4pm**

COST

 **\$200 per day [\$180 self-funded]**  
includes manuals & morning tea

CANCELLATION POLICY

Notice of 72 hours or more Full refund

Notice of at least 48 hours \$10 administration fee

Notice of 24 hours or less or non-completion 50% refund

PLEASE REGISTER ME

**Both Days** [\$400/\$380 sf]       **Day One Only** [\$200/\$180 sf]       **Day Two Only** [\$200/\$180 sf]

Name

Background/Qualification

Address

State

Post Code

Phone

Email

Dietary Requirements [eg. Wheat free, vegetarian]

PAYMENT OPTIONS

Deposit of **\$50** required at time of Registration

**Direct Deposit** [preferred]  
BSB: **704 191** Account #: **10970**

Please quote YOUR NAME in narration

**Cheque or Money Order** [please enclose]  
Payable to: **Joanne Ablett**

**I require a Tax Invoice to pay my Registration**

**My Employer requires a Tax Invoice to pay my Registration** [please complete details below]

Employer Name

Address

State

Post Code

Email

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EXPRESSIVE THERAPIES

Into Blue Expressive Therapies  
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