

**INTO BLUE EXPRESSIVE THERAPIES
REFERENCE / RECORD - SUPERVISION SESSION**

Supervisee.....Date.....

Description of supervisee's role as a counsellor

<p>FOLLOW UP FROM PREVIOUS SESSION:</p> <p>MAIN CONCERNS FOR THIS SESSION</p>	<p>EVALUATION</p> <ul style="list-style-type: none"> ▪ Supervisee's counselling ▪ Developing process of self review ▪ Quality assurance ▪ Best practice ▪ Outcomes of service delivery ▪ Identifying risks for supervisee and clients ▪ Referrals ▪ Follow up of client progress ▪ Helping supervisee assess strengths and weaknesses
<p>PROCEDURE OF SESSION</p>	<p>EDUCATION / CHALLENGING</p> <ul style="list-style-type: none"> ▪ Establishing clear goals for further sessions ▪ Providing resources ▪ Modelling ▪ Explaining rationale behind suggested intervention and vice versa ▪ Professional Development ▪ Interpreting significant events in the counselling session ▪ Convergent Thinking deriving the single best (or correct) answer to a clearly defined question ▪ Divergent thinking: drawing on ideas from across disciplines and fields of inquiry to reach a deeper understanding ▪ Use of self ▪ Topping up ▪ Facilitating peer support network ▪ Duty of care ▪ Legal Responsibilities
<p>EVALUATION</p> <p>Formative: Formative evaluation is a process of ongoing feedback on performance.</p> <p>Summative: Summative evaluation is a process of identifying larger patterns and trends in performance and judging these summary statements against criteria</p>	<p>ADMINISTRATION</p> <ul style="list-style-type: none"> ▪ Procedures ▪ Paperwork ▪ Links ▪ Accounting ▪ Case Planning ▪ Record keeping ▪ Insurance ▪ Membership ACA etc ▪ Ethical Guidelines
<p>SUMMARY</p> <p>Has this session been successful in resolving main concerns?</p>	<p>SUPPORT</p> <ul style="list-style-type: none"> ▪ Advocating ▪ Challenging / Confronting ▪ Empowering ▪ Affirming ▪ Availability

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