



INTO BLUE EXPRESSIVE THERAPIES
INDIVIDUAL COUNSELLING SUPERVISION CONTRACT

Jo Ablett

QUALIFICATIONS AND ASSOCIATIONS

Master in Counselling, Diploma and Bachelor of Education
 Diploma and Advanced Diploma in Expressive Therapies
 Voc. Grad. Dip Counselling Supervision, Certificate IV in Counselling Supervision
 Certified Practising Counsellor and Clinical Member ACA.
 Clinical Supervisor ACA, PACFA, Registered supervisor ACATA
 Clinical Member- Counsellor's and Psychotherapists' Association of Victoria - CAPAV
 Member Psychotherapy and Counselling Federation of Australia - PACFA
 Member Society of Counselling and Psychotherapy Educators - SCAPE
 Member Australian Creative Arts Therapies Association - ACATA
 Member International Society of Counselling and Clinical Supervisors Inc. - ISOCCS
 Registered Teacher, Victorian Institute of Teaching - VIT
 Expressive Therapies Institute of Australia - Trainer for Victoria and Tasmania

SUPERVISEE

NAME..... DATE.....

ADDRESS.....

PHONE NO.....MOB.....

EMAIL ADDRESS

QUALIFICATIONS

EMPLOYMENT.....

ASSOCIATIONS –MEMBERSHIP of counselling, psychological or psychotherapy associations

MEMBERSHIP NUMBER/S

Have any disciplinary procedures been implemented against you? Yes/No

Do you have current insurance as a counsellor? Yes/No

Name of company.....

Please provide a copy of relevant memberships, insurance and qualifications with your supervision contract.

THE FOLLOWING AGREEMENT IS BETWEEN Jo Ablett and

Professional supervision is a formal arrangement whereby a professional can discuss personal (where appropriate and impacts on work), professional / clinical, business and industry work related issues with a professional supervisor.

Role and Responsibilities of Supervisor: Support, guide and educate supervisee: evaluation, monitoring, mentoring, intervention (if necessary), consultation, and feedback.

Role and Responsibilities of Supervisee: Uphold ethical guidelines, maintain documentation and record keeping according to ACA/PACFA or relevant membership standards, discuss client cases, and accept feedback and recommendations. It is understood that important and influential issues experienced in the counselling setting will be raised and addressed in supervision. Failure to raise such issues in a reasonable time frame will be considered a breach of contract. Supervisee's clients' identity is protected and information treated with utmost confidentiality.

- Supervision sessions will be conducted at Into Blue Studio, by phone, Skype, email or by pre arranged agreement.
- Regular appointments will be made at least 2 weeks in advance



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- The supervisee will phone or Skype the supervisor at the agreed time
- In emergencies, the supervisor may be contacted out of hours
- Feedback will be provided when appropriate, in verbal or written form
- Supervisor’s notes are available for the supervisee to share.

BRIEFLY DESCRIBE THE COUNSELLING ROLE FOR WHICH YOU ARE SEEKING SUPERVISION.

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APPOINTMENTS

Appointments can be made by email, phone or text message.
Please give 24 hours notice where possible if you are unable to attend your appointment. A forgotten appointment is charged at full price as I put this time aside for your supervision session.

SESSION CHARGES

A session is 1 hour in duration at the cost of \$120.00
You are encouraged to contact Jo Ablett if there are any concerns following a session.

We agree, to the best of our ability to uphold the guidelines specified in the supervision contract and to manage the supervisory relationship process according to the ethical principles and code of conduct of the ACA and PACFA.

SUPERVISEE NAME

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SIGNATURE DATE

SUPERVISOR NAME

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SIGNATURE DATE