



**INTO BLUE EXPRESSIVE THERAPIES
CONTRACT: GROUP SUPERVISION IN ET**

Supervisor Jo Ablett

QUALIFICATIONS

M.Couns, Dip.Ed, B.Ed.
Dip, Adv. Dip. in Expressive Therapies
Voc. Grad. Dip. Couns. Supvsn,
Cert IV Couns. Supvsn.

MEMBERSHIP ASSOCIATIONS

Clinical Member of the Australian Counselling Association - ACA.
Clinical Member- Counsellor's and Psychotherapists' Association of Victoria – CAPAV
Member Psychotherapy and Counselling Federation of Australia- PACFA
Clinical Supervisor ACA, PACFA,
Member International Society of Counselling and Clinical Supervisors Inc.- ISOCCS
Member Society of Counselling and Psychotherapy Educators - SCAPE
Member and Supervisor Australian Creative Arts Therapies Association - ACATA
Registered Teacher, Victorian Institute of Teaching - VIT
Expressive Therapies Institute of Australia - Trainer for Victoria and Tasmania

SUPERVISEE

NAME.....

DATE.....

ADDRESS.....

PHONE

NO.....MOB.....

EMAIL ADDRESS

QUALIFICATIONS

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EMPLOYMENT.....

ASSOCIATIONS/MEMBERSHIP of counselling, psychological or psychotherapy associations

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MEMBERSHIP NUMBER/S

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Have any disciplinary procedures been implemented against you? Yes/No

Do you have current insurance as a counsellor? Yes/No

Name of company.....

Please provide a copy of relevant memberships, insurance and qualifications with your supervision contract.

BRIEFLY DESCRIBE THE COUNSELLING ROLE FOR WHICH YOU ARE SEEKING SUPERVISION.

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INTO BLUE EXPRESSIVE THERAPIES CONTRACT: GROUP SUPERVISION IN ET

THE FOLLOWING AGREEMENT IS BETWEEN Jo Ablett and

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Professional supervision is a formal arrangement whereby a professional can discuss personal (where appropriate and impacts on work), professional / clinical, business and industry work related issues with a professional supervisor.

Role and Responsibilities of Supervisor: Support, guide and educate supervisee: evaluation, monitoring, mentoring, intervention (if necessary), consultation, and feedback.

Role and Responsibilities of Supervisee: Uphold ethical guidelines, discuss client cases, accept feedback and recommendations it is understood that important and influential issues experienced in the counselling setting may be raised if appropriate and addressed in group supervision. Failure to raise such issues in a reasonable time frame will be considered a breach of contract. Supervisee's clients' identity is protected and information treated with utmost confidentiality.

- Group Supervision Day sessions will be conducted at Into Blue Studio.
- Feedback will be provided when appropriate, in verbal or written form
- Supervisor's notes are available for the supervisee to share

1. Purpose, Goals and Objectives of Supervision

Monitor and promote welfare of clients seen by Supervisees;
Promote development of Supervisee's professional identity and competence; Fulfil requirement for Supervisee certification and accreditation; and
Fulfil ACA and PACFA membership requirements.

2. Context and Content of Supervision:

Group supervision and enrichment days held at Into Blue Studio on a regular (monthly) basis. 2 hours group supervision can be claimed for the day.
The Supervision Type offered will vary according to the program but will include, Authoritative, Cooperative and Participative group supervision.

3. Method of Evaluation:

- 4.** Evaluation of the program will be conducted regularly to determine that the needs/ expectations of supervisees are being met.
Supervisee self-evaluation will be encouraged.
Supervisor evaluation in the form of feedback from supervisees will be conducted every six months or an agreed time frame.

5. Duties and Responsibilities of Supervisor-Supervisee

a. Supervisor:

- Facilitate the establishment of interpersonal ground rules and upholding ground rules.
- Establish structures and arrangements necessary for a fair and effective conduct of supervision.
- Manage individual learning agenda in terms of session content and timing.
- Encourage ongoing professional education.
- Challenge Supervisees to validate approach and technique used.
- Monitor basic micro-skills and advanced skills including transference and counter- transference, parallel process.
- Provide interventions when transference, counter transference and parallel process are evident.
- Intervene where client welfare is at risk.
- Ensure ethical guidelines and professional standards are maintained.
- Provide consultation when necessary.

b. Supervisee:

- Uphold the ground rules established by the group.
- Uphold ethical guidelines and professional standards.
- Present client cases using the ET approach.
- Be open to change and alternative methods of practice.
- Consult supervisor or designated contact person in cases of emergency.



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- Implement Supervisor recommendations in subsequent sessions.
- Maintain a commitment to counsellor education and the counselling profession.

GROUP SUPERVISION AND ENRICHMENT DAY FEES

Supervision and Enrichment Days in Expressive Therapies are offered on a monthly basis at the cost of \$190.00 (or \$170 to private practitioners) per day to include lunch, morning tea, afternoon tea and printed resources. Each day focuses on practitioner competencies, skill building, enrichment and promoting best practice using Expressive Therapies.

You are encouraged to contact Jo Ablett if there are any concerns following a group supervision/enrichment day.

We agree, to the best of our ability to uphold the guidelines specified in the supervision contract and to manage the supervisory relationship process according to the ethical principles and code of conduct of the ACA and PACFA.

SUPERVISEE NAME

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SIGNATURE DATE

SUPERVISOR NAME

.....

SIGNATURE DATE

This contract is in effect for Enrichment/Supervision days in ET